# Instructions for preparing a stool sample for bacterial and viral testing

8633 F-BaktNhO, 3584 F-BaktVi3, 2608 F-SalmVi, 6141 F-CldTNhO, 8826 F-VirNhO, 4940 F-NoroNhO, 8018 F-AdRoAg

#### **Sampling Accessories**

NordLab

Clean disposable container (e.g. disposable plate), separate FecalSwab transport tube for each test, separate resealable plastic bag (Minigrip or equivalent) for each FecalSwab transport tube, label for entering personal details.

### Collecting the sample

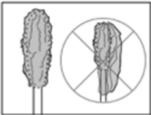
1. Defecate into a clean disposable container. Feces should not mix with urine.



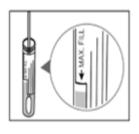


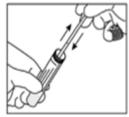
2. Open the sample tube transport bag and remove the sample tube from the bag. Open the sample tube cap, taking care not to spill the liquid.



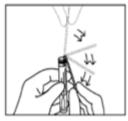


3. Dip the brush head of the sample stick into the stool so that the stool sample adheres evenly to the sampling brushes (not too much). If there are bloody and / or slimy spots in the feces the sample should be taken primarily from these areas.





4. Transfer the sample stick into the sample tube. The stool sample should not be that large that the surface of the liquid in the tube exceeds the MAX FILL level visible on the side of the transport tube. Gently mix the sample with the stick so that the stool is evenly distributed in the liquid.



5. Cut the stem of the sample stick at the thin cutting point by folding it against the wall of the tube. The tip of the sample stick remains inside the sample tube.



- 6. Carefully twist the sample tube cap into place. Make sure the cap is firmly closed.
- 7. If you have been given more than one FecalSwab transport tube take a sample for each tube as instructed above. **Finally, wash your hands.**



# After sample collection

Fill in the labels with your name, personal identification number, sampling date and time, and stick the labels onto the transport tubes. Pack each FecalSwab transport tube in its own separate resealable plastic bag.

## Sample storage and return

Store the sample tube at refrigerator temperature. Submit the sample to the laboratory as soon as possible, and no later than the day after of the sample collection.

If you have any questions, contact your healthcare provider for more information.