

Giving a urine sample for chlamydia and gonorrhoea tests 4816 U –CtGcNhO

Preparation for the collection

Please do not urinate for an hour before giving the test.

Equipment required for collecting the sample

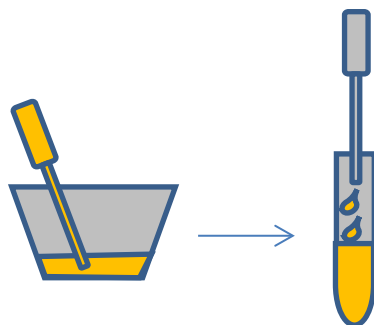
A plastic urine receiver, a capped sample tube (10 ml), a plastic disposable pipette.
Your laboratory or treatment unit will provide you with this equipment.

Collecting the sample

Do not wash your genital area.

Catch the first 10 ml or so of urine in the receiver. It is important that you collect the very first drops. You can allow the rest of the urine to flow into the toilet.

Using the pipette, take **4–6 ml** of urine from the receiver and place it in the sample tube (filling approximately $\frac{1}{2}$ of the tube). Carefully seal the tube with the cap.



After collecting the sample

Empty the receiver into the toilet and throw the empty receiver into a litter bin.

Ensure that the sample tube is marked with a sticker that has your name and personal identity code. If necessary, correct the sample date and time.

If there is no name sticker, please write your name, personal identity code and the sample date directly on the tube or on an empty sticker. Add the sticker to the tube.

The sample can be held at room temperature for 24 hours.

However, we advise you to deliver the sample to the laboratory on the same day.

If you have any questions, contact your treatment unit for more information.